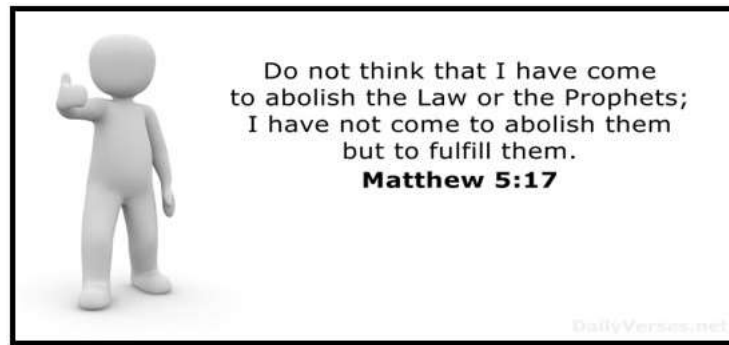




To know Jesus better, and to make Him better known

Park Avenue, Porthcawl

Registered Charity 1134864



Sunday 5th March 2023

Onsite services at Park Avenue, led by our Pastor, Rev Martin Gillard

10:30am Family Celebration Service

Series Theme: Love's Rules

Today's Sermon Theme: Love values life

Bible Reading: Exodus 20: 13 and Matthew 5: 17 - 26

5:00pm Disciples Service and Holy Communion

Series Theme: Freedom in Christ (Galatians)

Today's Sermon Theme: Christ centred Christians

Bible Reading: Galatians 3: 1 - 14

Children and young people are encouraged to go out with their leaders to Sunday Club during the second half of the morning service. There are three groups - School Years 1 - 2, 3 - 5 and those in Year 6 and above. Please speak to Natalie our Childrens' worker or Cathryn, CYF Coordinator, if you would like more information.

Refreshments are available at the end of both services.

If you are a visitor to our church, do please sign our visitors' book.

Special events to note

- **Puzzling Questions** starts on Thursday 9th March at 6.45pm.
- **Holy Spirit night** on Friday 24th March at 7pm in the church.
- **Men's Breakfast** on Saturday 25th March at 9am in the café.
- **Prayer night** on Thursday 30th March at 7pm in the church.

Diary for the week, 6th to 11th Mar

Monday

Park Avenue (Café)	7pm	House group
22 Adrian Close	7:30pm	House group

Tuesday

Park Avenue (Café)	9am	Toddlers Toast
Park Avenue (Hall)	10am	Toddlers
Y Centre	10am	Food Bank
22 Adrian Close	10:30am	House group
John Street	11am	"Feet on the Street"
19 Birch Walk	7pm	House group
88 Fulmar Road	7pm	House group

Wednesday

Park Avenue	11am	Traditional Service
Park Avenue	11:45am	Refreshments / Prayer Corner
Park Avenue (Café)	12:15pm	Lunch Club
Park Avenue (Café)	2.30pm	House group
Park Avenue (Café)	6:45pm	Deacons meeting

Thursday

Y Centre	10am	Food Bank
Park Avenue (Café)	2pm	Warm hub / Craft group
9 Caldys Close	6.45pm	Puzzling Questions Week 1
Zoom call	7pm	House group - Meeting ID: 889 1616 5948 https://us02web.zoom.us/j/88916165948

Friday

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Saturday

Lifeboat station	11am	CYF trip to see the Lifeboat
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Sunday 12th

Park Avenue	10:30am	Family Celebration Service
Park Avenue	5pm	Disciples Service

Prayer Needs

Those in Hospital: Phil Armstrong.

Those Unwell at Home: Dilwyn and Ann Jones; Hilary Oatridge; Jeff Harber; Isabel and Terry Needs; Pat Habberley; Alan Lee; Leanne Evans; Martyn Llewellyn-Smith.

Those in Residential Care: Ann Thomas (Picton Court); Doug Davies; Pat Eales; Diane Sheppard; Ann Lewis (Monkstone House); Beryl Surringer (Newton Care Home); Carole Vanden Branden (Breaksea).

Prayer Chain Requests: To help ensure your prayer requests get circulated promptly, please send them to any two of the following: Rachel Phillips at crossmonster7@gmail.com, Alan Harris at a.harris476@btinternet.com or Caryl Gill at carylgill1@gmail.com. Alternatively, ring Alan on 01656 784118.

Other announcements:

Our “feet will be on the street” on Tuesday 7th as usual from 11am to 1pm near the Museum. We want people to know God loves them more than they can ever know! Extra helpers really appreciated – and your prayers! See Gordon.

The Baptism Class will not be meeting this week, due to the Deacons meeting.

Every Thursday afternoon from 2pm to 4pm the café will be open as a warm hub / craft group, everyone is welcome. The craft class is currently knitting for Cwm Taf Morgannwg premature babies’ units. If anyone wants to do this and doesn’t want to/ can’t come to the class, we have patterns available. This project will run up to end of March and then Pastor Martin will pray blessings over the items. For more information, please speak to Jacqui Crole or Linda Harber, or simply come along - you would have a wonderful time with fellowship and refreshments too.

Puzzling Questions (PQ’s): This 6 week free course (with “finger food”) is for those whose frame of reference simply doesn’t include anything about the Bible and the Christian faith. It provides space and time to explore some of life’s deeper (puzzling) questions. The course starts this coming Thursday 9th March from 6:45 to 8:30 pm at 9 Caldys Close, CF36 3QL. Please see Gordon Lovering or David Redhouse for details.

Community Ministry team update: There is a new sign-up sheet on the notice board in the café, please add your name if you can help with refreshments after the Sunday services. Toddlers Toast is a great initiative, but it could do with some volunteers on a rota basis, 8:30 – 10:30am Tuesday mornings in the café. Please speak to Margaret Hornsby or Jacqui Crole. Lunch club would also love to add more volunteers to our rota, as numbers are increasing. We are very grateful for everyone involved serving our community and our Lord at Gilgal.

fellaship Men's breakfast: Saturday 25th March at 9am in the café. The guest speaker will be Mark Peers and the cost will be £4. Sign up on the clip board in the café. Some extra volunteers to assist Margaret Hornsby in preparing the breakfast would be appreciated. See Gordon Lovering or Larry Knowles for details.

Our **Easter Outreach** this year at the John Street Bandstand on Good Friday 7th April will be from about 11:30am to 1pm, following our **“Walk with the Cross”**. We will need the names of designated cross carriers in advance, and names of scripture readers. We will be praising the Lord in song. We will need tract distributors. And we need your prayers in advance AND your support on the day.

Fairtrade Fortnight: Fairtrade ensures standards are met in the supply of high quality, ethically produced goods. It means safer working conditions and fairer pay for workers. Gilgal buys Fairtrade tea and coffee, but other items are also available in the shops - look out for the Fairtrade logo when you do your shopping.

Volunteers wanted to assist with the filming of services. Please contact Malcolm Nicholas for more details.

Do you have word processing/design/art work skills? If so, could you help with the production of leaflets and flyers? If you could, or if you know someone who could help, please contact Malcolm Nicholas.

Basic PA Training: We want to offer some training to people who may need to know how to switch the system on and off safely, and activate a radio mic or similar, plus music group members who need to switch on, activate mics and instrument pickups and foldback speakers for their practices. It could also serve as an introduction to anyone who is interested in joining the rota for Sunday services. The training is likely to take place on a Saturday morning. If you are interested, please contact John Hodges (john.hodges57@gmail.com) to confirm your availability on the Saturdays in March, from which we can fix one or more dates.

Volunteers needed to help prepare communion. Please sign up or see Ann Redhouse. Thanks to those who have recently added their names to the list.

New church directory contacts:

Mark Peers mob: 07551 974456 Carolyn Peers mob: 07810 185266

Joint email: mark.peers1@btopenworld.com

Address: 2 Turnstone Road, Porthcawl CF36 3RD

Pastor Revd. Martin Gillard: <i>(Not available on Mondays).</i>	01656 785046 (Church)/01656 771168 (Manse) gillardmc@aol.com
Children's worker: Natalie Sharp: 07939 910016	natalie.sharp@gilgal.co.uk
Church Secretary: Liz Rees: 01656 451208	lizreesgilgal@hotmail.co.uk
Temporary editor: Malcolm Nicholas: 01656 857427	mjnicholas@outlook.com
Items for the news sheet should be sent to Malcolm by Wednesday at the latest	